

MAKING POSITIVE CONNECTIONS

Guidelines for the proper use of online video games



Find out about the PEGI code applicable to your video games (recommended age).

Treat the people you play with well.

Beware of online shopping and entering data for making online payments

Monitor the time you spend playing online and doing other activities in your spare time.

Check who you play with online. Preferably, they should be people you know in real life.

Observe how you feel before, during and after playing. If you have unpleasant emotions, talk about it with people you trust.

Meet the standards that adults have set you regarding the time spent playing and the type of video game.

